

**List of North East and North Cumbria Carer Centres.**

*Every effort has been made to ensure this information is correct as at November 2023. Durham County Council cannot accept liability for any errors or omissions.*

Area	Address	Tel Number	Website	Email address
County Durham and Darlington	<b>Durham County Carers Support</b> Enterprise House Enterprise City Meadowfield Avenue Spennymoor Co Durham DL16 6JF	<u>0300 005 1213</u> (Durham) <u>0300 030 1215</u> (Darlington)	<a href="http://www.dccarers.org">www.dccarers.org</a>	<a href="mailto:admin@dccarers.org">admin@dccarers.org</a>
Gateshead	<b>Gateshead Carers</b> John Haswell House 8-9 GladstoneTerrace Gateshead Tyne and Wear NE8 4DY	<u>0191490 0121</u>	<a href="http://www.gatesheadcarers.com">www.gatesheadcarers.com</a>	<a href="mailto:Enquiries@gatesheadcarers.com">Enquiries@gatesheadcarers.com</a>
Hartlepool	<b>Hartlepool Carers</b> 19A Lowthian Road Hartlepool TS24 8BH	<u>01429 283 095</u>	<a href="http://www.hartlepoolcarers.org.uk">www.hartlepoolcarers.org.uk</a>	<a href="mailto:staff@hartlepoolcarers.org.uk">staff@hartlepoolcarers.org.uk</a>
Newcastle	<b>Newcastle Carers</b> 135-139 Shields Road Byker Newcastle upon Tyne NE6 1DN	Tel: <u>0191275 5060</u> SMS: <u>07874100043</u>	<a href="http://www.newcastlecarers.org.uk">www.newcastlecarers.org.uk</a>	<a href="mailto:info@newcastlecarers.org.uk">info@newcastlecarers.org.uk</a>
Northumberland	<b>Carers Northumberland</b> 107 & 109 Station Road Ashington Northumberland NE63 8RS	<u>01670 320 025</u>	<a href="http://www.carersnorthumberland.org.uk">www.carersnorthumberland.org.uk</a>	<a href="mailto:info@carersnorthumberland.org.uk">info@carersnorthumberland.org.uk</a>
South Tyneside	<b>South Tyneside Adult Carers Service (STACS)</b> Salvation Army Building Wawn Street South Shields NE33 4EB	Tel: <u>0191 406 1531</u> SMS: <u>07714737283</u>	<a href="http://www.changegrowlive.org/adult-carers-service-south-tyneside/info">www.changegrowlive.org/adult-carers-service-south-tyneside/info</a>	<a href="mailto:STACS@cgl.org.uk">STACS@cgl.org.uk</a>

Sunderland	<b>Sunderland Carers Centre</b> Thompson Park Thompson Road Sunderland SR5 1SF	<u>0191 549 3768</u>	<a href="http://www.sunderlandcarers.co.uk">www.sunderlandcarers.co.uk</a>	<a href="mailto:contactus@sunderlandcarers.co.uk">contactus@sunderlandcarers.co.uk</a>
West Cumbria	<b>West Cumbria Carers</b> Suite 7F Lakeland Business Park Lamplugh Road Cockermouth Cumbria CA13 0QT	<u>0190 082 1976</u>	<a href="http://www.westcumbriacarers.co.uk">www.westcumbriacarers.co.uk</a>	<a href="mailto:general@westcumbriacarers.co.uk">general@westcumbriacarers.co.uk</a>
Stockton	<b>Stockton-on-Tees Adult Carers' Support Service</b> Municipal Buildings Church Road Stockton-on-Tees TS18 1LD	01642 524494	<a href="https://www.stockton.gov.uk/support-for-carers">https://www.stockton.gov.uk/support-for-carers</a>	<a href="mailto:carerssupport@stockton.gov.uk">carerssupport@stockton.gov.uk</a>
North Tyneside	<b>North Tyneside Carers' Centre</b> Floor 2 Wallsend Customer First Centre 16 The Forum Wallsend NE28 8JR	0191 2496480	<a href="https://www.northtynesidecarers.org.uk/">https://www.northtynesidecarers.org.uk/</a>	<a href="mailto:enquiries@ntcarers.co.uk">enquiries@ntcarers.co.uk</a>
Middlesbrough and Redcar & Cleveland	<b>We Care You Care</b> Middlesbrough Voluntary Development Agency St. Mary's Centre 82-90 Corporation Road Middlesbrough TS1 2RW		<a href="https://wecareyoucare.info/">https://wecareyoucare.info/</a>	<a href="mailto:Hello@wecareyoucare.info">Hello@wecareyoucare.info</a>