

The Bridge - Building Stronger Families

[At the top left of the image a Durham County Council logo followed by the text 'The Bridge - Building Stronger Families' are displayed. Both are visible throughout the video.]

[Uplifting music with a repetitive beat plays throughout the video.]

[All the words and images in the video are created by a person using a computer stylus pen to sketch and write.

Throughout the video the background is white and shows a person's wrist and hand holding a computer drawing stylus pen to write or draw.

The video is speeded up making the hand of the artist move quickly when creating the sketches with the pen, or handwriting words in either black, blue or red colours.

The handwriting is written around coloured, stylised sketches that the artist creates, first by creating a sketched outline and then colouring it in.]

[Video starts]

[Jenny]

[A sketch is drawn of Jenny on the left of the screen. She is a young person sitting on the floor with knees to chest and arms around her knees, has golden yellow hair tied in bunches behind her head, wears a blue sleeveless top, red trousers and has blue shoes.]

[Black pen at top of screen] Hi, I'm Jenny.

[Red pen to right of sketch] Life isn't always easy, in fact sometimes it's really hard.

[New screen starts]

[Sketch of Jenny having fun running, her eyes are wide and her mouth is open and she is wearing a pink dress with blue cape and holding a star wand aloft.]

[Black pen at base of screen] Some days I want to play with my friends.

[Image and text slide to left half of screen and a new image is drawn on the right half.]

[Head and shoulders sketch of Jenny with hair tied in bunches at each side of head with red ribbons. She is sat in front of a pink laptop computer, wearing a red t-shirt and writing in a book.]

[Black pen at base of screen] Some days I want to do my homework.

[Black pen along top of screen] Some days, I just want to feel the same as everyone else my age.

[New screen starts]

[Black pen along top of screen] But most days I have jobs to do around the house.

[Sketch on left of kitchen sink, with red and yellow mugs and blue plates on the side.]

[Sketch on right Brown paper bag with groceries inside, including milk, bananas, vegetables, bread and eggs. A green apple is outside the bag.]

[Black pen along base of screen] Washing, cleaning, and doing the shopping

[New screen starts]

[Sketch on left showing head and shoulders view of a woman in an orange blouse, with brown hair, resting both elbows on a surface and with the palms of her hands holding each side of her forehead.]

[Black pen to right of sketch] or staying home to make sure Mum is safe.

[New screen starts]

[Black pen along base of screen] Sometimes I feel very alone.

[Sketch of Jenny in middle of the screen sitting on the floor with knees to chest and arms around her knees, wearing a blue sleeveless top, red trousers and blue shoes. She is holding a doll in her left hand.]

[Blue pen along top of screen] I'm a carer, but who cares about me?

[Tom]

[New screen starts]

[Sketch of Tom on right of the screen. Tom is a young person, has ginger hair, wears a green t-shirt, dark blue trousers and grey shoes.]

[Black pen at top left of screen] Hi Jenny, I'm Tom.

[Red pen at left of screen] I'm a carer too, and I care.

[New screen starts]

[Sketch of three young people standing with arms reaching up and having fun.]

[Black pen along base of screen] I've made lots of friends at The Bridge Young Carers Project.

[New screen starts]

[Sketch of a young tennis player on the left, using the racket to hit a ball.]

[Black pen on right of screen] We have lots of activity days, making things, doing sports, having fun!

[New screen starts]

[Sketch of an adult and a young person on the left. The young person is making a 'thumbs up' sign with his hand.]

[Black pen on right of screen] And we get someone to talk to, someone who is there for us as a family.

[Black pen along top of screen] Someone to turn to for advice.

[New screen starts]

[Sketch on left of Tom in basketball sportswear, sat on the floor holding a basketball.]

[Black pen on right of screen] They listen when we're sad, and try to keep us smiling.

[New screen starts]

[Sketch of a standing group of three happy young people fills the screen.]

[Screen image zoom-out to make image smaller and central.]

[Black pen along top of screen above sketch] It's great because everyone understands each other

[Image on screen moved up]

[Black pen along base of screen below sketch] and there's extra benefits, like the Carers Card!

[Image on screen moved up and a new sketch is drawn of a group of young people sat around a laptop computer.]

[Red pen along base of screen below sketch] This means we get freebies, and money off things.

[New screen starts]

[Head and shoulders sketch of young person with long golden hair and red jumper holding both 'thumbs up' and smiling.]

[Grey text image added to top left of screen reads] PROUD

[Black pen on right of screen] It's great people recognise what we do.

[New screen starts]

[Sketch on left with a lady standing beside a large, black outlined square [possibly a screen]. The lady faces three seated young people [with backs to viewer] The young person on the left is speaking to the other youngsters and pointing towards the square.]

[Black pen on right of screen] Oh, and my school has the Young Carers Charter too, this means I get help at school from a teacher, and I get a Young Carers School Card.

[New screen starts]

Sketch of hand and forearm extending from the base of the screen and reaching up with fingers splayed. The image is repeated seven times along the base of the screen in varying sizes – 3 larger in the fore ground and between the three are four smaller ones in the background. They are coloured from left to right in blue, grey, red, grey, green, grey and then orange.

[Black pen along top of screen above sketch] Through The Bridge, lots of people try to help make things easier for us.

[New screen starts]

[Black pen] To find out more about The Bridge Young Carers Project, visit

[Yellow pen] www.family-action.org.uk.

[Black pen] Or contact us via email

durhamyoungcarers@family-action.org.uk.

[At earlier stages, at the top of this screen, the text Registered Charity 264713 and logos Family action, Building stronger families, and The Bridge are added.]

[Video ends]